

Route Card		To be completed in accordance with Policy, Organisation and Rules. Take a copy with you and leave a copy with a responsible local person - cancel on return	
Date		Maps Used	Explorer 294
Objective	District Incident Hike Clockwise	Magnetic Variation	

Place or Grid Ref	Magnetic bearing	Distance (km)	Height gained (m)	Description of Route	Walking time	Rest/Meals time	Total time for leg
Start 712 552				Start			
To 720 556				Base 1			
To 738 553				Base 2			
To 728 545				Checkpoint A			
To 730 543				Checkpoint B			
To 717 537				Checkpoint C			
To 713 527				Base 3			
To 708 538				Base 4			
To 712 552				Finish			
Totals							
Add 10 minutes per hour for safety					estimated total journey time with safety margin		
Start time			Dark at			Finish time	

Escape Routes
<p>Walking Pace Allow ~14min for every 1km forward, plus an additional hour for every 400 m of ascent. NB. Add ~10 minutes per hour for a 'rest'</p>