HIKE ROUTE CARD

To be completed in accordance with Policy, Organisation and Rules. Take a copy with you and leave a copy with a responsible person - cancel on return.

Weather Forecast:

Date:	25/02/2024	Maps Used:	Explorer 294 (SE)	Start Time:	Dark at:	Finish Time:
Objective:		District Incident Hike - Cubs (Clockwise)			17:31	

Leg	Start Grid Ref	End Grid Ref	Bearing	Distance (metres)	Height Gained (m)	Description from start grid ref	Walking Time (14min/km)	Strops / Breaks (10min/hr)	Total Time	ESCAPE ROUTES:
1	712 552	713 553	46°	150	0	Turn Left on to Low Catton Road	00:04	00:00	00:04	Return to start leg 1.
2	713 553	714 555	38°	300	0	Turn Left on to High Catton Road - Base 1 at 713 553	00:08	00:15	00:23	Return to start leg 1.
3	714 555	715 555	90°	100	0	Turn Right on to Moor Road	00:03	00:00	00:03	Return to start leg 1.
4	715 555	715 554	133°	100	0	Take FP behind church	00:03	00:00	00:03	Proceed to start leg 5.
5	715 554	715 553	231°	100	0	Turn Right on to Saxon Road	00:03	00:00	00:03	Return to start leg 5.
6	715 553	715 552	148°	250	0	Turn Left on to FP towards infant school.	00:07	00:00	00:07	Return to start leg 5.
7	715 552	716 551	115°	100	0	Turn Left on to Godwinsway	00:03	00:00	00:03	Proceed to start leg 8.
8	716 551	713 549	207°	300	0	Turn right on to FP towards High Catton Road	00:08	00:00	00:08	Return to start leg 8.
9	713 549	717 537	154°	1100	5	Turn Left on to High Catton Road - Base 2 at 714 545	00:33	00:15	00:48	Return to start leg 8.
10	717 537	708 538	282°	900	0	Turn Right on to Church Lane - Base 3 at 717 537	00:27	00:15	00:42	Proceed to start leg 11.
11	708 538	712 552	12°	1300	0	Turn Right on to Low Catton Road - Base 4 at 708 538	00:39	00:15	00:54	Proceed to start leg 12.
12	712 552	N/A	N/A	0	0	Finish at Scout Hut	N/A	N/A	N/A	N/A
TOTALS:				4700	5		02:18:00	01:00	03:18	Walking Pace:
COMMENTS:						Add 10 mins per hour safety margin (round up)	00:40	03:58		Allow approximately 14 minutes for every 1km walked plus an additional 60 minutes for every 400m ascent.
						Add 30 mins per meal break	00:30	04:28		
						Total hike duration including meals and safety margin:		**04:28**		

Equipment in party (add as needed):	Tick as required	Checked Present	Group Members:		EMERGENCIES:	
Maps (Minimum 2)	✓					
Compasses (Minimum 2)	✓			NOTES:	These details are for those in the local area who have been handed a copy of this route plan. If the party fails to return by the agreed time please contact the first home contact below. If the second home contact cannot be reached, please telepthone the appropriate scout headquarters office.	
Waterproofs	✓					
Spare Clothing						
Whistle x 1 per group	✓					
Food / Drink	✓					
First aid kit	✓					
Watch				**1st Home Contact**		**2nd Home Contact**
Emergency card and Pencil				Name:		Name:
Torch	✓					
Emergency Rations				Tel (1):		Tel (1):
Survival Bag						
Shelter				Tel (2):		Tel (2):
			LEADER IN CHARGE CONTACT DETAILS:			
				Address:		Address:
				SCOUT HEADQUARTERS:	
			DEPUTY LEADER IN CHARGE CONTACT DETAILS:	Critical Incident Officer Office Hours: 0345 300 1818 Outside Office Hours: 020 8433 7100	
				EMERGENCY - Call 999 - Police	

Description of activity / event:	DISTRICT INCIDENT HIKE - STAMFORD BRIDGE 2024	Date of Risk Assessment:	13/12/2023	Date of review:	
		Risk assessment completed by:	S P SAYER	Checked by:	

What hazard have you identified? What are the risks from it?	Who is at risk?	How are the risks controlled? What additional controls are needed?	What has changed that needs to be thought about or controlled?
A hazard - *something that may cause harm or damage.* *The risk is the harm that my occur from the hazard*	*For example:* *Young People, Adult volunteers, Visitors*	*Controls are ways of making the activity safer by removing or reducing the risk of it.* *For example: you may use a different piece of equipment or you might change the way you do the activity.*	*Keep **checking** throughout the activity in case you need to change what you are doing or even **stop** the activity. This is a great place to add comments which will be used as part of the review.*
Mistakes when navigating – leading to increased risk of all other hazards. Additional consequences of being lost and exhausted, especially if late or after dark.	All those taking part	Make sure routes are suitable for peoples navigational skills. Provide each group with adequate maps, compasses, route instructions and spares. Ensure there is at least 1 competent navigator in each group, consider back ups. Ensure each group has adequate means of communication and is aware of who the event organisers are or adequately monitored.	Weather conditions to be monitored and route modified if required. Escape routes are identified on route card if conditions deteriorate.
Roads and traffic - injuries from collissions between people and vehicles.	All those taking part	Brief scouts on safety around roads and expected behaviour. Walk on the right hand side of the road and facing on coming traffic. Adults to directly supervise crossing roads.	
Weather - rain before and during the hike, hot weather causing heat exhaustion or sun stroke.	All those taking part	Monitor weather forecast in advance, consider alternative route or activity if bad weather is forecast or cancel event all together. Advise participants on suitable clothing (including sun protection and waterproofs) Check everyone has a filled water bottle and provide guidance on fluid intake throughout the event with refill points available as required. Kit inspection before setting off to ensure everybody has sufficient equipment, spares to be available where possible.	Check weather forecast in advance. Consider changes in weather during the day, i.e. sunny after a rainy start.
Terrain - uneven ground, branches, nettles, poor underfoot conditions, livestock/animals.	All those taking part	Leaders to check route beforehand for any unforeseen changes. Advise participants on suitable footwear and check before hike. Brief participants on terrain beforehand, including avoiding nettles, brambles, invasive flora, livestock, and so on. Leaders to carry first aid kits and have suitable training. Encourage participants to wear long trousers if concerns over flora or ticks. Monitor livestock arrangements and consider alternative routes if required.	