

11/12/2023

Pocklington District Scout Incident Hike

What is the Incident Hike?

The incident hike is a smaller non timed hike, viewed by many as a prelude to the Fells Marathon Hike which is roughly 4-6 weeks later. The hike is approximately a 10-mile course starting and finishing at the Village Hall, with teams walking both clockwise and anti-clockwise to allow as many teams as possible out in the shortest amount of time.

Along the route there are 4 incident bases, one run by each group, where tasks and/or incidents are set, with the possibility of 1 to 2 further check point with no incident, most likely road crossing etc, each base should take no longer than 10 minutes. The base must be able to accommodate 2 teams at a time and once the time is up the team needs to be moved along as to not hold up the overall event.

Each team will consist of between 4-6 walkers, with the teams being scored at each base for their teamwork and ability to complete the task. A max of 10 points will be up for grabs for both teamwork and ability to complete the task.

Each team will need to submit to map control, where the route will be checked and a kit check, yes this means everything out and repacked prior to departure. If the maps or kit check is failed, the team will not be allowed to hike. Please could we have a leader with their team(s).

Who Can Go?

The hike is open to all scouts within our district.

Cost

The cost for the Hike is £15 per team to cover costs of the day.

Timing and Venue

The teams will set out from the Scout Hut at 15-minute intervals both clockwise and anti-clockwise starting at 9am and will finish no later than 4pm, could all teams remain until the presentation has been done. Teams will be given more specific times of arrival as we will need to manage the flow of people within the building if there are lots of teams entering. The 1st group of teams can arrive from 8am to have map and kit checks carried out. Leaders on bases 1 and 4 will need to have their base up and running by 9.15am.

The 2024 scout incident hike will be from SB village Hall 24th February 2024

The 2025 incident hike will run from **HOSM Scout Hut on Saturday TBC**

DBS

The Scout Association rules mean that any adult helping with the running of the event (Kit Check, Map Check, Checkpoints, Support Teams etc) MUST have a valid Scout issued disclosure check. Accountability for this rests with the section leader in each group, we will ask you to declare that all adults assisting your group are registered as at least an Occasional Helper (on Compass) and have a valid Scout issued disclosure check.

I will require completed team forms from each Troop by Friday 2nd February 2024, please email the forms to 'adc.scouts.pock@gmail.com'

Personal Kit (You Must Carry All Items)

- Packed Inner Layer – Shirt Middle layer / Fleece Sweater / Jumper
- Trousers (No Jeans) - Cotton trousers are recommended.
- Outer layer – Waterproof Jacket
- Spare clothes Warm bottoms, warm top and socks – in a plastic bag to keep them dry
- Rucksack Approx 30L - Big enough to hold all the equipment required for the walk
- Waterproof Trousers
- Boots (to be worn)
- Gloves
- Hat
- Torch and spare batteries Multi LED if possible - otherwise a spare lamp must be carried
- Plastic or Goretex Bivvy-bag
- Food and Drinks for Lunch - This should consist of food that can be eaten on the move
- Water Bottle (Full) Minimum of 1 litre of water to be carried
- First-aid kit Must only contain items you are trained to use
- Pencil and paper
- Whistle (for emergency use)
- Hi visibility vest (attached to ruck sack)
- Emergency rations High energy foods or min 4 mars bars – these are checked at the end!
- Gaiters (Optional)

TEAM KIT To be shared out between team members in proportion to size and weight of each person)

- 2 x maps for area covering the route
- 2 x compasses
- 2 x map cases (if maps are not laminated)
- 2x watches are necessary for navigation
- Emergency Shelter 2 x 4 person Bivi Shelter or enough to cover the walking team.
- 1x mobile phone This should be brought in a waterproof bag / case / what 3 words app instal